

BABY MASSAGE IN ENGLISH



1ST SEMESTER 2021

Baby massage is the best-known method of tactile stimulation. These massages are believed to promote better sleeping habits, relieve colic's, prevent digestive problems and enhance the infant's immune system.

But most importantly, it gives you the opportunity to communicate your love for your new born through touch. It is a way to bond with your child. Such closeness is helpful for the baby's psychological and physical growth.

TARGET GROUP

You can attend this course from birth. The course is conducted in small groups.

COURSE CONTENT

In this course, you will learn the techniques of baby massage and discover together with your child all the aspects of the gentle touch.

DATE AND TIME

Course 01: Saturday, January 30 and February 06

Course 02: Saturday, March 20 and 27

Course 03: Saturday, May 22 and 29

Course 04: Saturday, June 26 and July 10

Always from 1:30 pm – 3:30 pm (2 x 2 lessons)

INSTRUCTORS

Kathrin Bossard or Doris Cecchin, Qualified Nurses HF with extensive experience and education in childcare, baby massage Instructors

PRICE / COURSE FEES

CHF 150 (2 x 2 lessons)

COURSE LOCATION

punkto Eltern, Kinder & Jugendliche, Bahnhofstrasse 6, 6340 Baar,
conference room on the first floor

CONTACT AND REGISTRATION

Registration form at punkto-zug.ch/elternkurse



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